In the Abstract

Please replace the Abstract with the following amended paragraph:

A training bench for cyclists includes a framework. The framework has rollers on which the wheels of the a bicycle will rest. The framework also has a central support eenstituted of including a platform which is assembled on connected to the framework through with transverse bars, on which it can move. The platform has an elastically deformable anchoring system serving as a holding base for holding a column, provided at At its free end, with the column has means for supporting the frame of the bicycle. Said The anchoring system acts as an absorption member for controlling the movement of the bicycle with regard to the platform and the framework.